



NUTRITIONAL INFORMATION

** Reg = Regular Crust, MG = Multi Grain Crust, Serving Size = 1 Slice - Medium Pizza Cut Into 8 Slices

| | Serving Size | Calories (cals) | Fat (g) | Carbohydrates (g) | Fibre (g) | Protein (g) |
|--|--------------|-----------------|---------|-------------------|-----------|-------------|
| Pepperoni <i>Ingredients: Reg Crust, Pepperoni, Mozzarella Cheese</i> | 1 Slice | 196 | 7 | 28 | 2 | 10 |
| Veggie <i>Ingredients: Reg Crust, Mozzarella Cheese, Onions, Tomatoes, Green Peppers, Mushrooms, Green Olives</i> | 1 Slice | 190 | 6 | 30 | 2.4 | 10 |
| Deluxe <i>Ingredients: Reg Crust, Mozzarella Cheese, Pepperoni, Mushrooms, Green Peppers, Onions & Bacon</i> | 1 Slice | 218 | 8 | 29 | 2.3 | 12 |
| Canadiana <i>Ingredients: Reg Crust, Cheddar & Mozzarella Cheese, Pepperoni, Bacon & Mushrooms</i> | 1 Slice | 226 | 9.5 | 28 | 2 | 12 |
| Hawaiian <i>Ingredients: Reg Crust, Extra Mozzarella Cheese, Ham & Pineapple</i> | 1 Slice | 209 | 6.5 | 30 | 2 | 12.5 |
| Chicken Parmesan <i>Ingredients: Reg Crust, Mild Salsa, Grilled Chicken, Mozzarella & Parmesan Cheese, Tomatoes, Onions, Italian Herbs</i> | 1 Slice | 189 | 5.5 | 29 | 2 | 11 |
| Turkey Pepperoni Sensation - Reg <i>Ingredients: Reg Thin Crust, Moderate Cheese, Salsa Sauce, Turkey Pepperoni, Tomatoes, Onions, Italian Herbs</i> | 1 Slice | 131 | 4.2 | 20.1 | 1.7 | 6.7 |
| Turkey Pepperoni Sensation - Multi Grain <i>Ingredients: Multi Grain Thin Crust, Moderate Cheese, Salsa Sauce, Turkey Pepperoni, Tomatoes, Onions, Italian Herbs</i> | 1 Slice | 136 | 4.2 | 19.4 | 2.2 | 6.7 |
| Thai Sensation <i>Ingredients: Reg Crust, Garlic Butter Base, Chicken Strips, Mozzarella Cheese, Green Peppers, Sweet Red Onions, Roasted Red Peppers, Sweet & Spicy Thai Sauce, & Garlic and Herb Seasoning</i> | 1 Slice | 258 | 12 | 31 | 2.1 | 11 |
| Grilled Chicken Bruschetta <i>Ingredients: Reg Crust, Garlic Butter Base, Mozzarella Cheese, Grilled Chicken, Tomatoes, Onions, Parmesan Cheese and Italian Herbs</i> | 1 Slice | 246 | 14 | 28 | 2 | 11 |



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| Greek <i>Ingredients: Reg Crust, Mozzarella Cheese, Kalamata Olives, Tomatoes, Onions, Green Peppers, Feta Cheese & Italian Herbs</i> | 1 Slice | 201 | 6.9 | 30 | 2.3 | 10.5 |
| Mexican <i>ingredients: Reg Crust, Extra Cheese Blend, Salsa Sauce, Mexican Beef, Onions, Tomatoes & Jalapeno Peppers</i> | 1 Slice | 217 | 8 | 30 | 2.5 | 11 / |
| Buffalo Chicken <i>Ingredients: Reg Crust, Wing Sauce Base, Mozzarella Cheese, Marinated Boneless Wings (med spicy), Sweet Red Onions, Roasted Red Peppers & Ranch Dressing</i> | 1 Slice | 241 | 9.75 | 31 | 2.2 | 11.6 |
| Beef Meltdown <i>Ingredients: Reg Crust, Garlic Butter Base, BBQ Sauce, Cheese Blend, Sirloin Steak Strips, Mushrooms, Tomatoes, Onions, Topped with Parmesan & Feta Cheese & a sprinkle of Chilli Flakes</i> | 1 Slice | 320 | 15 | 38 | 2.2 | 12.5 |
| Chicken Meltdown <i>Ingredients: Reg Crust, Garlic Butter Base, Cheese Blend, BBQ Sauce, Chicken Strips, Mushrooms, Tomatoes, Onions, Topped with Parmesan & Feta Cheese & a sprinkle of Chilli Flakes</i> | 1 Slice | 315 | 15 | 38 | 2.2 | 12.25 |
| Tropical Heatwave <i>Ingredients: Reg Crust, 2 layers of Cheese Blend, Pepperoni, Pineapple, Bacon, Hot Peppers & Garlic Butter Crust</i> | 1 Slice | 287 | 15 | 30 | 2.2 | 13.75 |
| BBQ Chicken <i>Ingredients: Reg Crust, Garlic Butter Base, Mozzarella Cheese, BBQ Sauce, Chicken Strips, Sweet Red Onions, Mushrooms & Garlic and Herb Seasoning</i> | 1 Slice | 285 | 12.25 | 38 | 2.2 | 11 |
| Romano <i>Ingredients: Reg Crust, Asiago & Mozzarella Cheese, Pepperoni, Extra Italian Sausage & Italian Herbs</i> | 1 Slice | 233 | 10 | 29 | 2.2 | 13 |
| 10 Topper <i>Ingredients: Reg Crust, Mozzarella Cheese, Pepperoni, Ham, Bacon, Italian Sausage, Mushrooms, Green Peppers, Onions, Green Olives, Plus 2 more toppings of your choice</i> <i>Nutritional information based upon the 8 standard toppings listed above only. The optional 2 toppings will alter this information accordingly.</i> | 1 Slice | 229 | 9 | 30 | 2.45 | 13 |



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| Meat Mountain <i>Ingredients: Reg Crust, A Mountain of Pepperoni, Ham, Bacon, Ground Beef, Italian Sausage & Mozzarella Cheese</i> | 1 Slice | 240 | 10 | 29 | 2.4 | 15.5 |
| Montreal Steak <i>Ingredients: Reg Crust, Garlic Butter Base, BBQ Sauce, Mozzarella Cheese, Sirloin Steak Strips, Mushroom, Onions, Green Peppers, Montreal Steak Spice.</i> | 1 Slice | 291 | 13 | 38 | 2.2 | 11.5 |
| Bacon Double Cheese Burger <i>Ingredients: Reg Crust, Extra Cheese Blend, Extra Ground Beef & Extra Bacon</i> | 1 Slice | 280 | 13 | 29 | 2.2 | 17.4 |
| Chicken Caesar <i>Ingredients: Thin Crust, Creamy Tomato & Garlic Sauce, Cheese Blend, Marinated White Chicken Strips, Bacon & Parmesan Cheese</i> | 1 Slice | 260 | 16.6 | 19 | 1.7 | 11.6 |
| Fiesta <i>Ingredients: Ultra-Thin Crust, Garlic Butter Base, Cheese Blend, Zesty Sauce, Marinated Chicken, Sweet Red Onions, Tomatoes, Italian Herbs & Feta Cheese</i> | 1 Slice | 227 | 14 | 17 | 1.7 | 10.5 |